



Infants Routine



Activity Time	Activity	Activity Description
6:30am - 8:00am	Morning Greetings	Table Activities
8:00am - 9:00am	Breakfast	Nutrition and Open Discussion
9:00am-9:15am	Morning Meeting	Flashcards and Songs
9:15am - 9:45am	Gross Motor Skills	Outdoor Learning or Indoor Gross Motor Activities
9:45am - 10:45am	Centers	Creative Art and Sensory, Manipulatives and Library
10:45am - 11:00am	Sign Language	Songs, Finger Plays and Flashcards
11:00am - 11:30am	Lunch	Nutrition and Open Discussion
11:30am - 11:45pm	Nap Preparation	Handwashing, Diapering and Preparation
11:45am - 1:45pm	Nap	Rest and Relaxation
1:45pm-2:15pm	Gross Motor Skills	Outdoor Learning or Indoor Gross Motor Activities
2:15pm - 2:30pm	Snack	Nutrition and Sign Language
2:30pm - 3:00pm	Story Time	Teacher Choice Books
3:00pm - 4:00pm	Centers	Curiosity, Dramatic play, Manipulatives
4:00pm - 4:15pm	Snack	Nutrition and Sign Language
4:15pm - 4:45pm	Music and Movement	Songs, Finger Plays, and Movement
4:45pm - 5:15pm	Sign Language	Songs, Finger Plays and Flashcards
5:15pm - 6:30pm	Independent Learning	Independent Reading, Manipulatives or Puzzles

Diaper times are 7am, 9am, 11am, 2pm, 4pm, 6pm or as needed. (If toilet training, child will be asked to try every 20-30 minutes). Hand washing takes place before and after meals, after outside play, toileting, room to room transitions, and as needed.

