



# Pre-K A Routine



Activity Time	Activity	Activity Description
6:30am - 8:00am	Morning Greetings	Independent Table Activities
8:00am - 9:00am	Breakfast	Nutrition and Open Discussion
9:00am - 9:15am	Morning Meeting	Whole Group Introduction to Social Emotional topics and Daily Routines
9:15am - 9:45am	Phonics Lesson	15 minute Whole Group Phonetical Lesson and 15 Minute Group Worksheets Focusing on Letter Identification and Sounds.
9:45am - 10:30am	Learning Centers	Small Group Rotations through Math, Reading, Writing and Phonics
10:30am - 11:00am	Math Lesson	15 Minute Whole Group Math lesson and 15 minute Worksheets Focusing on Number Identification and Mathematical Concepts.
11:00am - 11:15pm	Music and Movement	Whole Group Exploration of Music, Instruments, Parachutes, Dance and Indoor games
11:15am - 11:45am	Gross Motor Skills	Outdoor Group Activities and Large Motor Skills Development Play or Indoor Gross Motor Games
11:45am-12:00am	Story Time	Story Books Read In Whole Group
12:00pm - 12:30pm	Lunch	Nutrition and Open Discussion
12:30pm - 12:45pm	Transition	Nap Preparation, Potty and Handwashing
12:45pm - 2:15pm	Nap	Rest and Relaxation
2:15pm - 2:30pm	Reading	Independent Reading in the classroom Library
2:30pm - 2:45pm	Spanish	Whole Group Conversational Spanish Phrases, Vocabulary and Songs
2:45pm - 3:00pm	Reading Comprehension	Whole Group Themed Book Reading with a focus on core areas of Reading Comprehension
3:00pm - 3:15pm	Snack	Nutrition and Open Discussion
3:15pm - 4:15pm	Creative Centers	Small Group Rotations through Art, Dramatic Play, Construction and Science
4:15pm - 4:30pm	Music and Movement	Whole Group Exploration of Music, Instruments, Parachutes, Dance and Indoor games
4:30pm - 4:45pm	Story Time	Story Books Read In Whole Group
4:45pm - 5:15pm	Gross Motor Skills	Outdoor Group Activities and Large Motor Skills Development Play or Indoor Gross Motor Games
5:15pm - 6:15pm	Fine Motor Skills	Independent Table Activities with Manipulatives, Puzzles and Drawing

Hand washing takes place before and after meals, after outside play, toileting, room to room transitions, and as needed.

