



# Ladybugs Routine



Activity Time	Activity	Activity Description
6:30am - 8:00am	Morning Greetings	Independent Table Activities
8:00am - 9:00am	Breakfast	Nutrition and Open Discussion
9:00am - 9:15am	Morning Meeting	Whole Group Introduction to Social Emotional topics and Daily Routines
9:15am - 9:30am	Phonics Lesson	Whole Group Phonetical Lesson Focusing on Letter Identification and Sounds
9:30am - 9:45am	Music and Movement	Whole Group Exploration of Music, Instruments, Parachutes, Dance and Indoor games
9:45am - 10:15am	Gross Motor Skills	Outdoor Group Activities and Large Motor Skills Development Play or Indoor Gross Motor Games
10:15am - 11:15am	Learning Centers	Small Group Rotations through Math, Reading, Writing and Phonics
11:15am - 11:30am	Math Lesson	Whole Group Mathematical Teacher Directed Instruction
11:30am - 12:00pm	Lunch	Nutrition and Open Discussion
12:00pm - 12:15pm	Transition	Nap Preparation, Potty and handwashing
12:15pm - 2:15pm	Nap	Rest and Relaxation
2:15pm - 2:30pm	Fine Motor Skills	Independent Table Activities with Manipulatives and Puzzles
2:30pm - 2:45pm	Reading Comprehension	Whole Group Themed Book Reading with a focus on core areas of Reading Comprehension
2:45pm - 3:00pm	Spanish Lesson	Whole Group Conversational Spanish Phrases, Vocabulary and Songs
3:00pm - 3:15pm	Snack	Nutrition and Open Discussion
3:15pm - 4:15pm	Creative Centers	Small Group Rotations through Art, Dramatic Play, Construction and Science
4:15pm - 4:45pm	Gross Motor Skills	Outdoor Group Activities and Large Motor Skills Development Play or Indoor Gross Motor Games
4:45pm - 5:00pm	Story Time	Story Books Read In Whole Group
5:00pm - 5:15pm	Music and Movement	Whole Group Exploration of Music, Instruments, Parachutes, Dance and Indoor games
5:15pm-6:30pm	Fine Motor Skills	Independent Table Activities with Manipulatives, Puzzles and Drawing

Hand washing takes place before and after meals, after outside play, toileting, room to room transitions, and as needed.

